

Saturday 13th April - Sprint Distance (Falkland including Falkland Palace and Gardens)

Falkland lies in the centre of Fife, nestling at the foot of the Lomond Hills. In the village centre is Falkland Palace, commissioned between 1501 and 1541 by King James IV and his son James V to create a pleasure ground for their pursuits of falconry and hunting. We thank National Trust Scotland and Falkland Palace for allowing us access to the Palace and Gardens.

Thanks to the Orienteering Foundation and the National Lottery Community Fund for funding the mapping for this event, which is included in the **UK Elite Orienteering League** and **bto Scottish Urban Orienteering League**.

Event Centre / Parking - Falkland Community Hall and Car Park (Back Wynd, Falkland KY15 7BX). It is about a 45 mins journey from Tentsmuir car park, via the A92. Follow the blue **P** signs to the free car park in the centre of Falkland. The car park is used by palace visitors and local residents. We have a larger entry than expected, so please car share where possible. We expect the non-orienteeing public to be leaving by late afternoon but if the car park runs out of space, you will be diverted to nearby on-street parking. The streets are narrow and have tight corners, so please ensure you are not blocking access to any streets or houses. There is a further car park at the end of West Port, at the entrance to Falkland House School, for which a £2 donation is payable. Coffee and light meals available here in the Stables. It is a short walk from here back to the Community Hall.

Toilets, Registration and Download will be in Falkland Community Hall, available from 3:30pm. No muddy shoes in the hall, please. There are a number of cafeterias or pubs in the town, should you arrive early.

Assembly/start/finish – There will be a single start for all courses at the entrance to the palace. The finish for course 7 (12-) is within the palace grounds. The finish for other courses will be on the pavement near the palace entrance. The start and both finishes are approximately 150m walk from the Event Centre (including crossing a marshalled road crossing).

Clothing and safety - No restrictions.

Map - Newly surveyed by Graham Gristwood Spring 2019. Note the map scales for each course as listed below. Course 1 & 2 maps will be double sided.

Starts - 17:00-18:00. Timed starts for courses 1-3 at 1 minute intervals. No start times will be allocated for course 4-7. EOD or late starters may be started at 30 sec intervals. Start times will be published on Fabian by Thursday 11th. There will be a 4 minute call-up. All starters must punch the start unit – it is not contactless. There will be a short taped route to the start kite, which must be followed. The finish must also be punched – not contactless.

Controls will be full-sized kites, SI Air contactless mounted on a mix of stakes, trestles or gripped on street furniture.

Courses - 12-15 minute winning times. **Courses close** - 18:30.

M/W12- course will be entirely in the Palace Gardens with no road crossings. The course 7 map will be available at Registration for parents to review. M/W16- course will be mainly in the Palace and Gardens, and will encounter no traffic. Under 16s may not enter other courses.

Course	Classes	Length	Map Scale	No of controls
1*	Men Open (M18-M35);	4.1km	1:4000	30
2*	Men Veteran (M40+); Women Open (W18-W35)	3.8km	1:4000	30
3	Men Super Veteran (M55+); Women Veteran (W40+)	2.9km	1:3000	25
4	Men Ultra Veteran (M65+); Women Super Veteran (W55+)	2.1km	1:3000	25
5	Men Hyper Veteran (M75+); Women Hyper Veteran W75+; Women Ultra Veteran (W65+)	1.8km	1:3000	22
6	Men Junior (M16-); Women Junior W16-	2.3km	1:3000	29
7	Men Young Junior (M12-); Women Young Junior (W12-)	1.2km	1:2000	16

***Maps for courses 1&2 will be double sided.**

Terrain - Brand new area and map - never used for orienteeing before. It features a mixture of historic town centre, parkland, and intricate landscaped gardens. Shoes with dobs are not permitted;

normal trainers will be suitable though take care if crossing wooden bridges which may be slippery. **Courses have been planned to avoid flowering bulbs in the orchard area at the request of the palace staff. So, you should follow the grassy paths which will provide the quickest routes.**

Falkland Palace and Gardens - Note that we have arranged special access to the Palace and Gardens specifically for the event, and if visiting at other times you must pay as normal. But why not visit on Sunday and take some time to go into the palace. Visit the oldest Real (Royal) Tennis court.

Entries - Online entries until 7/4/19, Seniors £10, Juniors/Students £5.

Entry on the day - Seniors £12, Juniors/Students £7 subject to map availability.

Non-BOF/SOA members - £2 supplement.

Beginners - Kingdom of Fife Orienteers plan to provide welcome and coaching. Just ask!

Timing – SportIDENT. Controls will be activated for touch-free.

Planner - Andy Paterson (Clyde)

Assistant Planner and weekend coordinator - Graham Gristwood (Masterplan Adventure)

Organiser - Bill Stevenson (ESOC)

Details updated 9/4/19